

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Hot Hamburger Sandwich Seasoned Corn Garden Salad Fresh Orange Fruit Choice-Fresh Milk Choice	2
3	4 Labor Day	5 Chili Tortilla Chips (9-12) Red Bell Pepper Strips Fresh Peach Cinnamon Roll Fruit Choice-Canned Milk Choice	6 Chicken Nuggets WW Roll & Jelly Mashed Potatoes & Gravy Tossed Salad Fresh Pear Fruit Choice-Fresh Milk Choice	7 Baked Ham Angel Biscuit & Jelly Apple Glazed Sweet Potatoes Green Beans Fresh Grapes Honey Apple Crisp (9-12) Fruit Choice-Canned Milk Choice	8 Macaroni & Cheese Meatballs WW Bread & Jelly (6-12) Seasoned Peas Fresh Baby Carrots Apple Salad Fruit Choice-Fresh Milk Choice	9
10	11 Hot Ham & Cheese on a Bun Potato Wedges Broccoli Florets Fruit Cocktail Fruit Choice-Fresh Milk Choice	12 Taco Burger on a Bun Tortilla Chips (6-12) Tomato Salsa Dk Gr Leaf Lettuce Tomato Slice Refried Beans Fresh Banana Fruit Choice-Canned Milk Choice	13 Pepperoni Pizza Tossed Salad Cherry Tomatoes Fresh Orange Fruit Choice-Canned Milk Choice	14 Lasagna Garlic Bread Stick Marinara Sauce Garden Salad Fresh Apple Chocolate Chip Cookie Fruit Choice-Canned Milk Choice	15 Chicken Patty WW Roll & Honey Mashed Potatoes Gravy Steamed Asparagus Sliced Pears Fruit Choice-Fresh Milk Choice	16
17	18 Chicken Nuggets Mashed Potatoes Gravy WW Roll & Jelly Cherry Tomatoes Celery Sticks Tropical Fruit Fruit Choice-Fresh Milk Choice	19 Super Nachos Refried Beans Southwestern Lentils Fresh Mixed Fruit Cup Fruit Choice-Canned Milk Choice	20 Cheese Pizza Cheese Breads Sticks Marinara Seasoned Corn Tossed Salad Fresh Kiwi Fruit Choice-Canned Milk Choice	21 Pulled Pork Sandwich Creamy Cole Slaw Baked Beans Fresh Strawberries Fruit Choice-Canned Milk Choice	22 Bierock Steamed Carrots Fresh Pineapple Cherry Crisp (6-12) Fruit Choice-Canned Milk Choice	23
24	25 Chicken Tetrastini Garlic Bread Tossed Salad Seasoned Peas Apricot Halves Fruit Choice-Fresh Milk Choice	26 Beef & Noodles Mashed Potatoes Green beans Fresh Grapes Blueberry Oat Muffin(6-12) Fruit Choice-Canned Milk Choice	27 Hamburger on a Bun DK Gr Leaf Lettuce Tomato Slice Oven Fries Red Bell Pepper Strips Fresh Clementine Fruit Choice-Canned Milk Choice	28 Baked Chicken Drumstick Savory Rice Oatmeal Roll & Jelly Fresh Broccoli Cherry Tomatoes Fresh Mango Fruit Choice-Canned Milk Choice	29 Taco Refried Beans Tomato Salsa Rice Krispy Bar Pineapple Tid Bits Fruit Choice-Canned Milk Choice	30

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.
ESTA ENTIDAD ES UN PROVEEDOR QUE BRINDA IGUALDAD DE OPORTUNIDADES